

## North Lakeland Discovery Retreat – Fall Colors Itinerary

### Day 1 – Friday 9/25/2026

**3:30pm** – Arrive at NLDC, get settled

**4-5:30pm** – Welcome, introductions, orientation, tour

**5:30pm** – Dinner at NLDC

**6:30-8:00pm** – Sunset hike on NLDC trails

### Day 2 – Saturday 9/26/2026

**7:00am** – breakfast and pack lunches

**8:00am** – leave for Murray's Landing

**9:00am-4:00pm** – Paddle on the east side of Turtle Flambeau Flowage

**4:00pm** – Head back to NLDC

**6:00pm** – Dinner at NLDC

**7:00pm** – Optional evening activity – dusk owl-prowl hike, or nature documentary in the lodge

### Day 3 – Sunday 9/27/2026

**7:00am** – Breakfast and pack lunches

**8:00am** – Leave for waterfall tour in the Upper Peninsula of Michigan

**5:00pm** – Arrive back to NLDC

**6:00pm** – Dinner at NLDC

**7:00pm** – Campfire, coffee, cocoa

### Day 4 – Monday 9/28/2026

**6:00am** – Breakfast

**6:30-8:00am** – Sunrise birding hike on NLDC trails (sunrise at 6:54am)

**8:30-10:30am** – Medicinal plant workshop

**11:00am** – Brunch at NLDC

**12:00pm** – Head out