

'Just Tri It' Triathlon  
North Lakeland Discovery Center  
July 3rd, 2010

AWARD LIST

===== Female 13-15 =====		
1	Isabella Weiss	1:12:23
2	Kelsey Pflieger	1:14:36
3	Abbie Donoghue	1:20:24
4	lexi miles	1:24:38
5	Anna Donoghue	1:27:59
===== Female 16-19 =====		
1	Mary Daly	1:00:53
2	Brynn Darga	1:04:40
3	Madison Brummond	1:05:47
4	Sarah Backer	1:07:32
5	Natalie Heneghan	1:14:11
===== Female 20-29 =====		
1	Cassandra Keller	1:02:03
2	Alicia McElroy	1:09:34
3	Amy Miller	1:10:11
4	Hillary Joseph	1:10:50
5	Allyson Darga	1:11:42
6	Kate Prasse	1:13:54
7	Kristen Harper	1:16:50
8	Brea Lee	1:20:52
9	Andrea Prasse	1:29:30
10	Rae Lundberg	1:41:17
11	Jennifer McPhee	1:42:03
===== Female 30-39 =====		
1	Jennifer Mikulich	59:33
2	Christy Damon	1:01:44
3	Tara Clack	1:04:28
4	kathe pickerill	1:04:42
5	Annie Ballweg	1:10:40
6	Allie Johnson	1:11:10
7	Marie Peasley	1:11:18
8	Amy Bracket	1:13:47
9	Paula Norman	1:14:56
10	Margaret Tushar	1:15:47
11	Amy Miller	1:17:01
12	meaghan lauer	1:18:16
13	Nancy Miller	1:27:06
14	Tracey Mancheski	1:31:15
15	Megan Nysse	1:31:15
16	Sara Cassidy Smith	1:35:15
17	Kara Johnson	1:35:30
18	Casey Kozlowski	1:35:37
19	Lara Grauer	1:37:21
20	Jennifer Kelter	1:38:35
21	Sandra Herian	1:41:49
===== Female 40-49 =====		
1	Ellen Klein	1:05:48
2	Cindy Brown	1:08:20
3	Michelle Carne	1:10:30
4	Laurie Allen	1:10:47
5	Theresa Timko	1:10:48
6	Mary Langhenry	1:12:33
7	Diane Teekell-Opitz	1:12:43

8	Hollie Brzezinski	1:14:04
9	Terri Bedard	1:14:59
10	Kelly Novak	1:15:22
11	peggy miles	1:16:18
12	Carolyn Metz	1:16:19
13	Ann Zimmerman	1:17:24
14	Kit Seeliger	1:17:24
15	Jodi Van Rossum	1:18:37
16	Amy Pflieger	1:23:11
17	Michelle Schirmer	1:23:20
18	Sally Erck	1:24:02
19	Kay Olson	1:24:48
20	Cherie Peterson	1:25:15
21	Kristin Johnson	1:32:46
22	Jana Zawojewski	1:48:38
23	Paula Lehmkuhl	2:06:03

===== Female 50-59 =====

1	Mimi Fagan	1:06:08
2	Kelly Boyle	1:15:47
3	Deborah Pallardy	1:16:06
4	Linda Gleason	1:32:10
5	Susan Fredenhagen	1:34:59
6	Nancy Daly	1:38:19
7	Carol Prasse	1:45:38
8	Joy Hagen	1:48:12
9	Cassie Lee	1:50:19
10	Kris LaMarche	1:50:36

===== Female 60-69 =====

1	Connie Meek	1:18:22
2	Brooke Alt	1:18:41
3	Roselyn Heil	2:14:06

===== Female 70+ =====

===== Male 13-15 =====

1	Jackson Strand	1:04:34
2	Dan Hagen	1:06:35
3	Dillon Novak	1:08:35
4	Craig Pallady	1:11:08
5	will bodewes	1:11:11
6	Jack Carroll	1:13:50
7	Jonathan Hagenbucher	1:24:53
8	Mason Pflieger	1:33:37

===== Male 16-19 =====

1	Alec Boes	56:55
2	Benjamin Weber	1:04:13
3	Eric Hagen	1:04:39
4	Paul Pallady	1:06:01
5	Evan Pflieger	1:41:55

===== Male 20-29 =====

1	Kyle Gleason	51:50
2	Tyler Janisch	1:01:16
3	Fabio Fachin	1:01:35
4	Eli Reynolds	1:01:35
5	Stephen Saye	1:01:36
6	Ben Reynolds	1:03:44
7	Chris Ferry	1:03:56
8	Andy Ralph	1:09:41
9	Peter Monefeldt	1:16:45
10	Ryan Corning	1:19:33
11	Joshua Meinnert	1:19:52
12	Jonathan Golyzniak	1:25:07

===== Male 30-39 =====

1	Mark Dziedzic	54:28
2	Joel Dziedzic	57:20
3	Tim Weber	1:00:15
4	Bryon Thornburgh	1:01:00
5	Chris Opitz	1:01:10
6	Matthew Johnson	1:01:19
7	Mason Pooler	1:01:50
8	Joe Kelter	1:04:57
9	Thomas Wildenberg	1:05:08
10	Nathan Erno	1:07:29
11	Shawn Miller	1:07:58
12	jim vizanko	1:08:11
13	Tom Cassidy, Jr.	1:08:26
14	Rob Pairolero	1:09:43
15	Peter Glashagel	1:10:32
16	Jason Cihlar	1:10:49
17	Lucas Rayala	1:11:45
18	Mark Douma	1:13:26
19	Mark Tushar	1:13:40
20	Pavan Avinashi	1:15:41
21	Aaron Mancheski	1:17:44
22	Jeff Lane	1:20:13
23	Andrew Friedberh	1:22:26
24	Chris Bracket	1:36:58

===== Male 40-49 =====

1	Steve Yatson	50:32
2	Neal Strand	55:21
3	Brett Novak	56:50
4	tom miles	57:15
5	Jon Schumacher	58:13
6	Marc Justinak	58:28
7	Mike Douma	58:46
8	Blake Strand	1:01:02
9	Tom Scheck	1:01:08
10	Mark Schultz	1:02:35
11	Patrick Winger	1:03:22
12	case pickerill	1:04:04
13	Joel Liesener	1:04:38
14	Chris Ersbo	1:04:51
15	Bill Litke	1:07:07
16	Michael Wagner	1:08:11
17	Jim Cayo	1:08:39
18	Paul Pflieger	1:08:53
19	David Heneghan	1:12:47
20	Patrick Donoghue	1:13:21
21	Eric Dunlap	1:13:36
22	Robert Prehn	1:14:24
23	Joe bodewes	1:14:25
24	Bill Wickman	1:15:56
25	Greg Boyle	1:16:41
26	Dave Brown	1:22:04
27	Erick Zawojeeski	1:31:12
28	Mike Justinak	1:49:13
29	Chris Grosman	1:58:17

===== Male 50-59 =====

1	Jon Hagen	57:48
2	Don Freitag	1:00:15
3	Peter Daly	1:04:11
4	Brian Larsh	1:05:58

5	Vince Justinak	1:07:02
6	Kurt Landauer	1:11:40
7	Mike Gleisner	1:14:22
8	Tom and Jeann Joseph	1:19:50
===== Male 60-69 =====		
1	Dan Meinnert	1:08:06
2	Dave Havel	1:15:25
3	Alan Bates	1:17:12
4	David Prasse	1:22:17
5	Chris Vizanko	1:52:18
===== Male 70+ =====		
1	Jon Schumacher Sr	1:47:30
2	Paul Lehmkuhl	1:51:57
===== Team 0-75 Years =====		
1	Team Justinak	1:05:18
2	Team Goodlin	1:05:33
3	Team Hemming	1:06:31
4	Team Brownell	1:11:03
5	Team Yatson	1:15:09
6	Team Niesen	1:15:44
===== Team 76-120 Years =====		
1	Team Sanderson/Polic/Ratkowski	49:22
2	Team Strand	59:18
3	The Vermonsters	1:00:16
4	Team Moon/Carpenter	1:03:10
5	Team Hanson	1:03:14
6	Team Hemming/Gorrilla	1:03:20
7	Team Ferry+	1:08:42
8	Team Moon	1:09:04
9	Team Wray	1:10:49
10	Team Ferry	1:11:53
11	Team Johnson/Busler	1:13:47
===== Team 121-150 Years =====		
1	Team Hemming	1:09:13
2	Team Goodlin/McFarland	1:11:37
===== Team 151-170 Years =====		
1	Team Rayala	1:22:26
===== Team 171+ Years =====		